



PSALM 91:11 For He shall give His angels charge over thee,
to keep thee in all thy ways.

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THE **THREE TYPES** OF DISTRACTED DRIVING AND HOW TO AVOID THEM



VISUAL



Keep your
eyes on the road.

Pull over to read
directions.

Put your **phone** in “**Do
Not Disturb**” mode.



MANUAL



Keep your
phone out of reach.

Make all adjustments
before driving.

Don't reach for items
while driving.



COGNITIVE



Avoid phone calls,
even hands-free.

Stay focused on the
road.

Keep your
emotions in check.

FACTS ABOUT DISTRACTED DRIVING

- If your eyes are off the road for more than 2 seconds than your odds of crashing doubles
- An average of 5 seconds of your eyes off the road and traveling at a speed of 55mph is the distance of a football field without looking
- Biomechanical movements increase your chance of a collision up to 3 times.

GET THE FACTS ON **DISTRACTED** DRIVING

39 states in the U.S. have laws that ban sending text messages while driving

23X increased likelihood that text messaging will cause a crash, compared to driving while not distracted

48% of kids age 12-17 have been in a car while the driver was texting

89% of American adults think sending text messages or e-mails while driving is distracting, dangerous and should be out-lawed

49% of drivers age 21-24 send text messages and emails while driving

4.6 seconds pass when a driver's eyes leave the road to text at 55mph, it's like driving the length of a football field blind



**THERE ARE
THREE
KINDS OF
DISTRACTED
DRIVING.**



**Texting
involves
all three.**

VISUAL DISTRACTION

Doing something that requires the driver to look away from the roadway



MANUAL DISTRACTION

Doing something that requires driver to take hands off of the steering wheel



MENTAL DISTRACTION

Thinking hard about something other than driving



DRUNK DRIVING

INCREASES THE LIKELIHOOD
OF CAUSING A CAR CRASH BY



4x

-WHILE-

TEXTING DRIVING

INCREASES THE LIKELIHOOD
OF CAUSING A CAR CRASH BY



8x

MENTAL DISTRACTION RATING SYSTEM

Even with your eyes on the road and your hands on the wheel, mental distractions dangerously affect drivers behind the wheel.

Mild Danger

Example: Listening to the radio or an audio book

Moderate Danger

Example: Talking on a hand-held phone or a hands-free phone

High Danger

Example: Using voice-activated texting or email feature

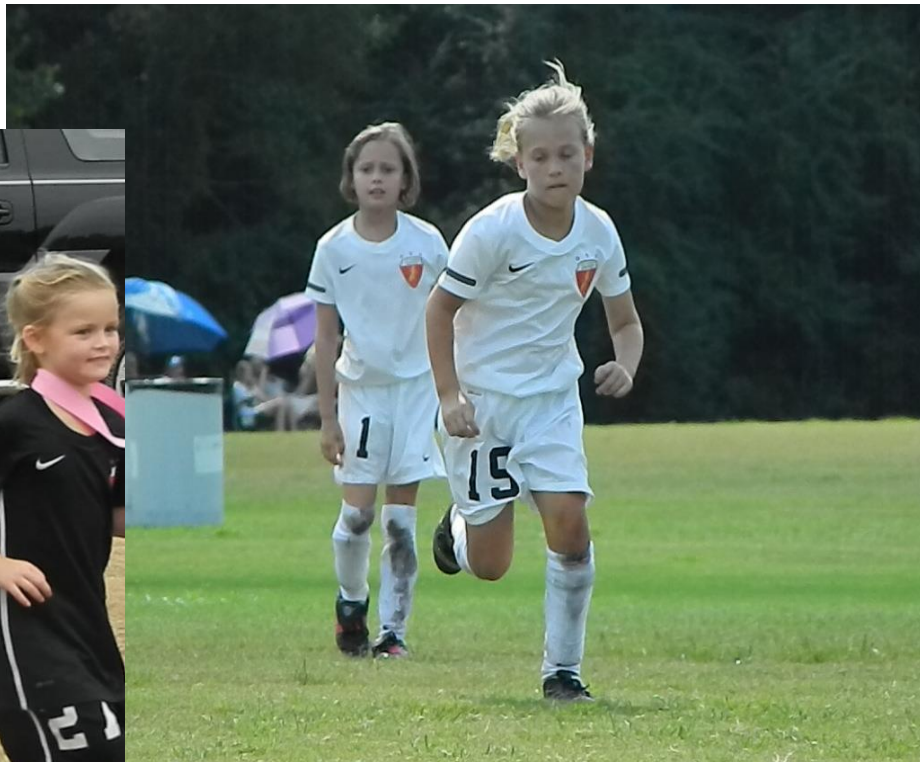
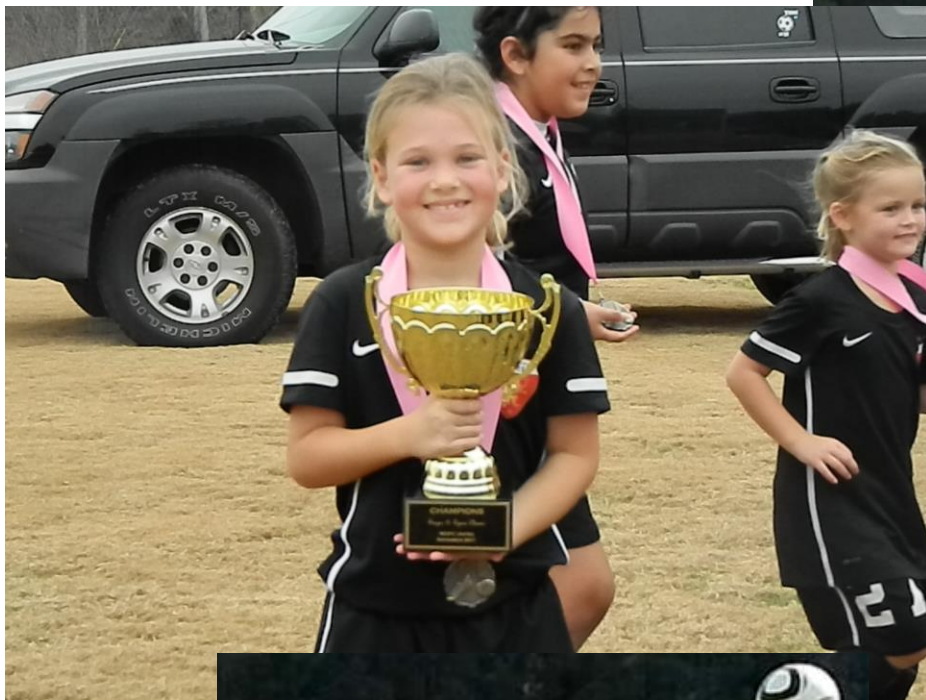


How Big Is The Problem?

- **US Deaths** In 2015, 3,477 people were killed in crashes involving a distracted driver.
- **US Injuries** In 2015, 391,000 people were injured in motor vehicle crashes involving a distracted driver.
- Each day in the US, approximately 9 people are killed and more than 1,000 injured in crashes that are reported to involve a distracted driver.
- **Georgia** In 2016, there were 1,561 fatalities on Georgia roads.
- **739** fatalities have been reported in 2017.
- Recent reports show Georgia's number of fatalities due to distracted driving is 3X the national average
- National Center for Statistics and Analysis. [Distracted Driving 2015](#)

ABBY







Abby's Smile





Christmas Day 2012





TVOC-Teen Vehicle Operations Course www.tvoc.ws



1 ☐ LIFE ☐ 1 ☐ CHOICE ☐

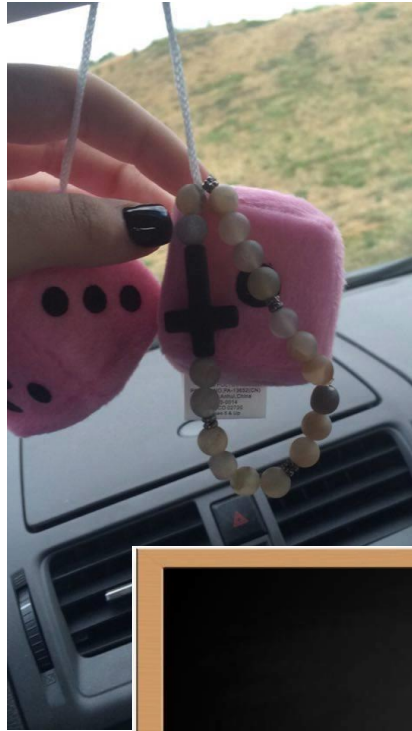
I ☐ PROMISE ☐ TO ☐ PUT ☐ LIVES ☐ 1st ☐

I ☐ Pledge ☐ To ☐ Drive ☐ Safely ☐ & ☐ Without ☐ Distraction ☐

School ☐

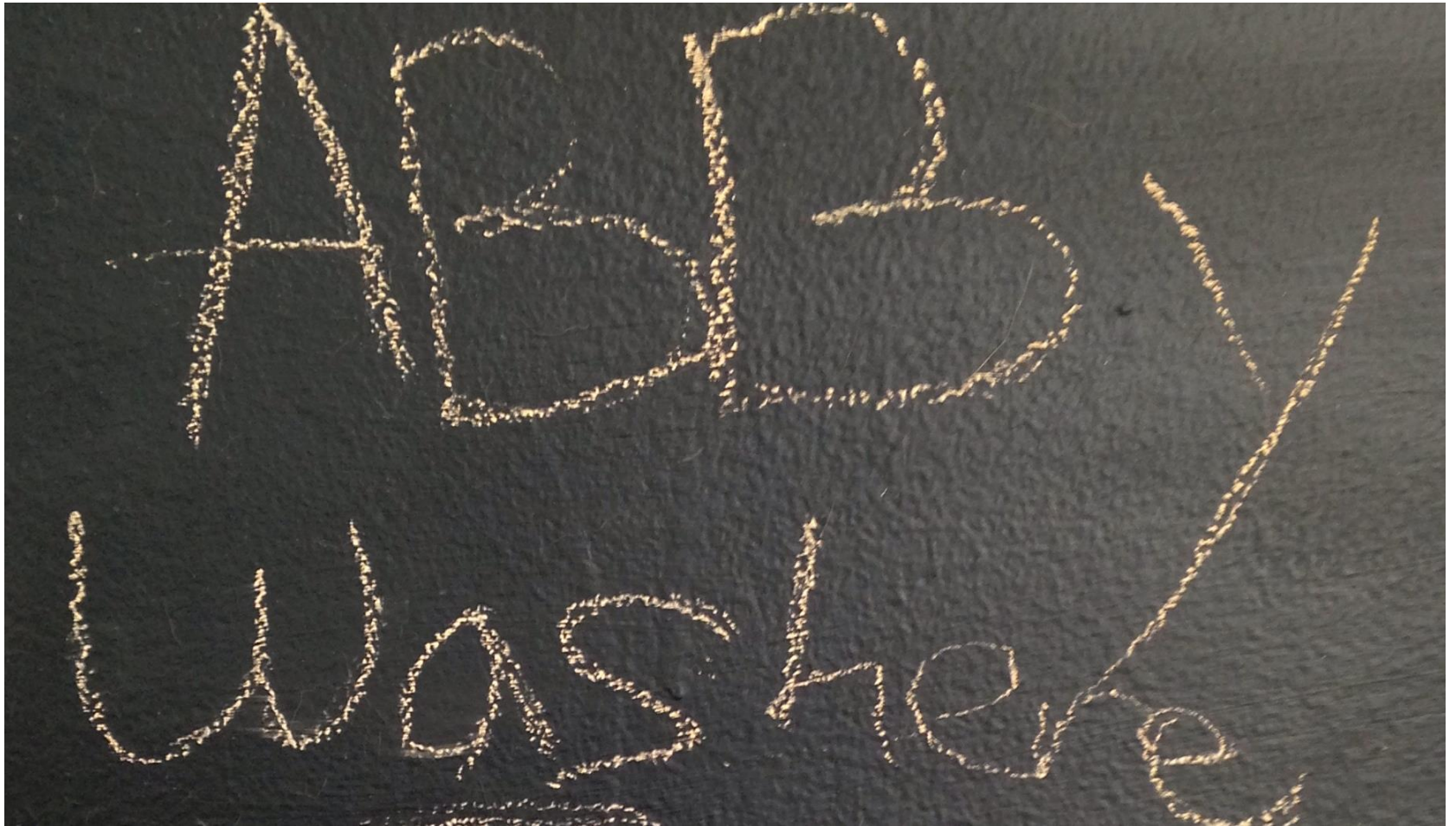
Date ☐

Young Drivers Remembering Abby and #1Life1Choice



College
Scholarships

Tell Abby's Story Share Her Legacy
Save Lives #1Life1Choice



Abby and Homework



Then the child opened her eyes, and looked up into the Angel's beautiful face, which beamed with happiness, and at the same moment they were in heaven, where joy and bliss reigned. The child received wings like the other angel, and they flew about together, hand in hand."



Abby's 4th Grade Year 2012

1st Day of School & Her Last School Picture





Providing Hope and Encouragement to children and their families through Love, Laughter, and the Gift of Life.

Mission

To provide school supplies through Abby's Closet to children in need; to be a bridge of support to families of children who have so graciously given the Gift of Life; provide outreach programs for children in the South Metro Atlanta area who have lost a sibling.

